



INDIAN CLASSICAL DANCE INTENSIVE



WITH BIJAYINI SATPATHY

1-7 July
Kingston University
London

WELCOME:

It is with great pleasure that we welcome you to the 4th edition of Bhumi Summer School.

The previous editions took place in 2016 (Kingston University of London with guest artist Monica Singh), a residential in 2019 (Puglia, Italy) and online in 2020. In 2021, Bhumi also offered an online professional development programme for South Asian dance artists, covering themes around safe and healthy practice, pedagogy, creativity, technique, musicality, dance production, lighting etc, with esteemed artists from India, Malaysia and the United Kingdom (e.g. Sharmila Biswas, Madhavi Mudghal, Saswathi Garai Gosh, Gautam Bhattacharya, Rukmini Vijayakumar, Rama Vaidyanathan, January Law).

This is a special edition of our summer school as we have the honour to welcome an outstanding artist who has gained accolades both in India and abroad for her virtuoso performances and pedagogical approaches to Indian dance technique. While specialising in Odissi, Bijayini Satpathy draws on Eastern and Western wisdoms to explore the power of the dancing body. Bijayini is an artist whose knowledge and skills are well appreciated beyond the form she practices and can undoubtedly benefit a larger community of Indian dance trained practitioners.

It is for this reason that this summer school comprises a weekend open to all styles of Indian classical dance, and a week focusing on the vocabulary of Odissi for those who practice this form and would like to gain a deeper understanding of its expressive potential. We hope this is the beginning of a regular appointment where classically trained dancers can have the opportunity to learn from artists beyond their stylistic boundaries and to explore technically specific approaches to the body to replenish their dance skills.

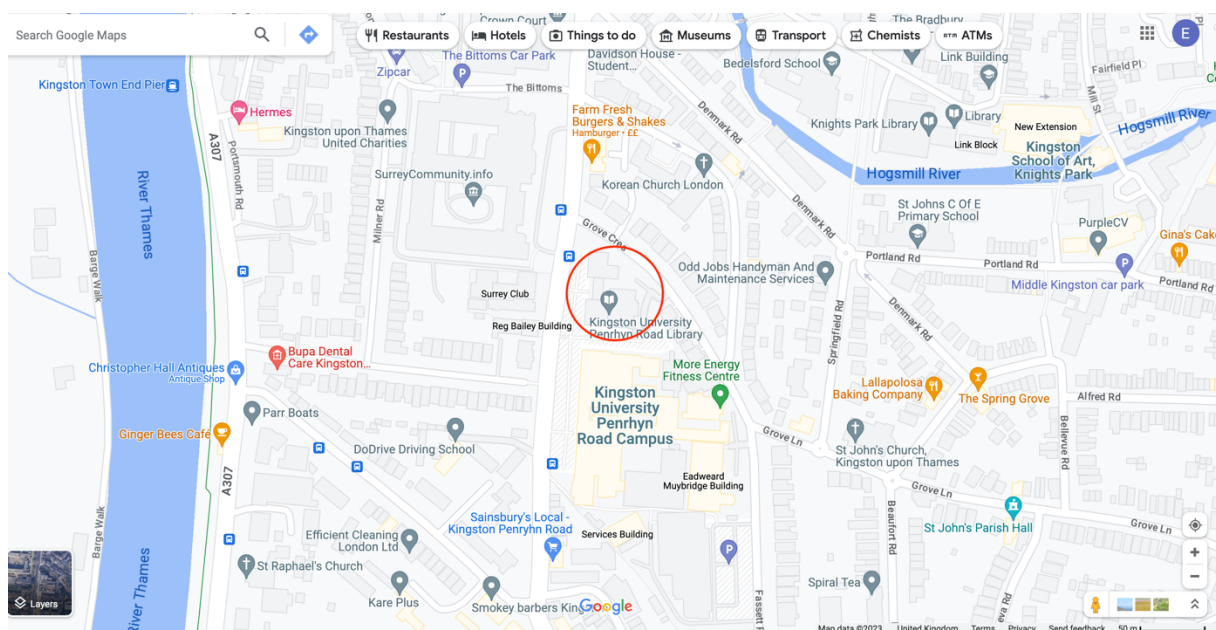
We wish you a fulfilling week (or weekend if you are attending only the weekend workshops) and we look forward to meeting you in person on the 1st of July.

Bhumi Artistic Director
Dr Elena Catalano

WORKSHOPS DETAILS:

LOCATION:

The workshops will take place in Studio 3-4, 1st Floor, Town House, Kingston University of London, Penrhyn Road, KT1 2EE.



HOW TO GET THERE:

There is no Underground in this area, but the University is located between two well-served train stations: Surbiton and Kingston. They are both 10-12' walking distance from the University, alternatively you can get a bus and you will reach in a couple of stops.

Buses that stop in front of the Town House are: 71, 281, 406, 418, 671, K2, K3

Option A: If you are coming from Kingston Station:

Pass *Cappadocia* Restaurant, walk through Castle St. Leave *Pret* behind and go through Eden Street. Here, take one of the buses mentioned above and stop at Kingston University County Hall (Stop UA).

OR keep walking through Brook St. Then cross the roundabout and continue walking on the main road (Penrhyn Road) until you reach the Town House on the left.

Option B: If you are coming from Surbiton Station:

Go to Claremont road. You can take a bus from the bus stop in front of Waitrose and stop at Kingston University County Hall (Stop UF). Alternatively, keep walking, turn right on Maple Road, then left on Surbiton Road, then right on Penrhyn Road.

If you are staying in the South West London or locally, please check *Citymapper* or *Googlemap* for transport options, as you may not need the train at all.

WHERE TO PARK:

If you are coming by car, it is possible to park around the university. Parking is limited, but less so in the weekend especially 'early' in the morning (that is before 10am). Some roads require parking permit (be more aware of this on Weekdays, as parking charges apply), please make sure you do not park there as you will get a fine. However, most roads have a side where you can park. The weekday parking charges are 90pm/h near the Univ.

Some roads (options below) have free parking in the weekend:

- Springfield Road, Portland Road, Denmark Road, Fassett Road, Grove Crescent.

WORKSHOP TIMINGS:

- WEEKEND INTENSIVE:

In the Weekend the studio/townhouse opens at 10am, therefore the workshop will start at 10.30am. We will meet outside the Town House from 9.30am for a general briefing at 9.45am and to maximise time once we are in. Studio/Building closes at 5pm.

- ODISSI INTENSIVE:

During the week the studio will be open from 9.30am until 5pm. The building is open for longer but access to studio is limited.

ACCESS TO THE DANCE STUDIO:

The studio is on the 1st floor of the Town House. The dance studios have restricted access due to security reasons. Access is only possible through a staff swipe card. We will have only 2 swipe cards available, these will be managed by the organisers only. The studio will open 30' before the workshop and need to be vacated by 5pm.

Food/Drinks except water are not allowed in the dance studio.

WHERE TO EAT:

There is a small café in the Town House, ground floor, but this may not be able to cater for all participants especially in the weekend. They serve sandwiches, fruit/yoghurt and cakes/coffees and some cold drink.

However, we suggest you bring your own lunch for better quality/variety of choices (*Pret* is a healthy option in Kingston and *Waitrose* in Surbiton should have good ready-made food). Alternatively, there is a *Sainsbury* a couple of minutes away from the dance studio. Both Kingston town centre and Surbiton are very well served with food options, but they are a walk away. You can consume food on the 1st floor of the town house. You can also sit outdoor and the river is 5' away with trees providing shade and a nice resting spot.

WHERE TO SLEEP:

We suggest you look for a place to stay in Kingston/Surbiton, through *Airbnb*, *Booking.com* or check local hotels (there is a *Premier Inn* in Kingston). We are happy to help you with this on an individual base, that is if you want to check whether an accommodation you have found is a reasonable distance from the studio.

WHERE TO SHOP:

Kingston is one of the biggest shopping centres in the South West. Here you can find everything, including pharmacy, groceries, books, cafes and bakeries, clothing etc. Surbiton is also served with the essentials.

WHAT TO WEAR:

For the weekend intensive, we suggest you wear leggings and Kurta, to allow for the teacher to check alignment and give more specific advice. For the Odissi intensive, you will need Kurta-leggings for the morning warm up and then you are encouraged to wear dance saree if possible. We suggest you take a couple of changes per day, as the days are long, and we may sweat in the morning. There will be a limited number of dance practice sarees to purchase.

WHAT TO BRING:

- Water bottle: there are refilling stations in the Town House and one is just in front of the studio
- Snacks: we suggest you bring healthy snacks to keep you going throughout the day and ensure you maintain your energy to get the most of the learning opportunity. Healthy snacks could include fresh fruit for vitamins and hydration, nuts or protein-based snacks for muscle recovery.
- Notebook-Pen to take notes
- A change: as we are dancing all day, it is possible we will sweat and you may want to wear something fresher in the afternoon.

HEALTH AND SAFETY:

- Let us know if you have any food allergy or any injury, we need to be aware of. You should include this in the Registration Form.
- Ensure you keep yourself always hydrated.
- Consume light and healthy snacks to maintain energy levels.
- Take a break if you are starting to feel unwell or weak.
- Take any opportunity to rest and allow for muscle recovery.
- Wear breathable comfortable clothes.
- Make sure not to apply cream or oil that may stain the floor and/or make it slippery.
- Ensure you come to class on time and do the full warm up and cool down.
- Be aware of any physical limitations you may have and honour what your body can do safely.
- Please ensure you pay attention to how to perform a movement safely and ask for clarification if you are unsure on how to avoid injuries.
- Remember that you are responsible for your health and safety.
- ***Provide the telephone number of a person you would like us to call in the unlikely and unfortunate case there is an emergency.***

SECURITY:

- There are lockers available to safely store your stuff, but you need to bring your own padlocks. Please ensure you remove your belonging at the end of your participation in the intensive.
- You are responsible of your own belongings at all times.
- The town house is smoke, alcohol and drug free space.

CHANGING ROOMS/SHOWER:

There are changing rooms and showers available in the Town House, but you will need to bring your own towels and toiletry.

FILM/PHOTOGRAPHY:

There will be filming and photography during the intensive. This is for documentation purposes. We will create a trailer for the event. In addition, we will gather 'impressions' of the intensive for social media. These will be shared daily. We kindly ask you to be part of this, if you are comfortable, as it helps immensely increase the impact of the event.

By taking part in the summer school, you automatically agree to be in any photography and film taken by the organiser. If you have strong reasons for not appearing on media, please do let us know in the Participant Registration Form and we will respect of wishes.

Please notice that filming and photography, other than what commissioned by the organiser, is not possible during the learning activities. Any filming for learning material can be carried out outside of the workshop timing independently. Anything during the workshop needs to be approved by the teacher only.

SOCIAL MEDIA:

We would be very grateful if you would support us in sharing positive moments of the summer school on social media. You can use the handles below.

#bhumisummerschool #indianclassicaldanceintensive #southasiandancetraining #odissitraining #bijayinisatpathy #kingstonuniversitydance #indiandancetechnique

REGISTRATION FORM:

Fill in the registration form prior to attending the workshop. This is a requirement.

<https://forms.gle/CLPtqgo9YiULLU6v9>

OUR PROMISE:

At Bhumi and our partner Kingston University, we are committed to create a safe and empowering learning environment for all. We believe that everybody has the right to learn and fulfil their potential. We focus on peer support, collaboration, and positive process over outcome and competition. We believe that respectful and open communication is an important element to achieve these goals. If you have any concern, please do let us know as soon as possible and we will do our best to address this promptly. We trust you will actively contribute to support a positive and safe environment for all and you will not willingly do anything that can harm the spirit and reputation of anyone involved in this experience. Thank you for your support.

CONTACTS:

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